

## Grilled Vegetable bao



### Butterfly Bao Buns Recipe Ideations

The basic assembly procedures: 3- 4 buns per serving (Steam for 10 minutes or Deep fried at 375F for 2 -3 minutes or until golden brown)

#### Per Bun:

- 3/4th oz-1 oz protein depending on cost
- 1/2 oz of vegetable/ salad type component
- 1/8 oz of condiment / sauce type spread on bun

### Grilled Vegetable bao

- Amoy folded bao bun
- Italian marinated, grilled, zucchini, yellow squash and bell pepper mixture sliced julienne or Seared Tofu
- No salad component
- Pesto or pesto mayo