

Dessert Bao Bun



Butterfly Bao Buns Recipe Ideations

The basic assembly procedures: 3- 4 buns per serving (Steam for 10 minutes or Deep fried at 375F for 2 -3 minutes or until golden brown)

Per Bun:

3/4th oz-1 oz protein depending on cost

1/2 oz of vegetable/ salad type component

1/8 oz of condiment / sauce type spread on bun

Dessert Bao Bun

- Amoy folded bao bun
- Sliced strawberry, banana, seasoned berries
- Sprinkle with icing sugar
- Chocolate syrup or strawberry chipotle sauce