

Thin, ready to use noodles made from wheat flour. Excellent for stir-fries, noodle soups or noodle salads. These are the most popular Japanese "Fried Noodles"

Product Last Saved Date:24 March 2017

**Nutrition Facts**

Serving Size: 227 GRM

Number of Servings per Package: 24

**Amount Per Serving**

Calories: 400      Calories from Fat: 70

**% Daily Value\***

<b>Total Fat</b>	8 g	12%
Saturated Fat	.5 g	3%
Trans Fat	0 g	
<b>Cholesterol</b>	0 mg	0%
<b>Sodium</b>	230 mg	43%
<b>Total Carbohydrate</b>	65 g	22%
Dietary Fiber	2 g	8%
Sugars	0 g	
<b>Protein</b>	16 g	

<b>Vitamin A</b>	Per Srv	0%	<b>Vitamin C</b>	Per Srv	0%
<b>Calcium</b>	0%		<b>Iron</b>	20%	

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat	9	Carbohydrate	4	Protei	4
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**Product Specifications:**

Code	GTIN	Pack	Pack Description
06115	30071757061157	24 X .5 LBR	

Brand	Brand Owner	GPC Description
AMOY	Ajinomoto Windsor, Inc.	Pasta/Noodles – Ready to Eat (Perishable)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
13 LBR	12 LBR	USA	No	No

**Shipping Information**

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.5 INH	11.875 INH	6.875 INH	0.5906 FTQ	12x6	365 Days	-10 FAH / 15 FAH

**Ingredients :**

Ingredients: Water, Enriched Wheat Flour (Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Modified Tapioca Starch, Vital Wheat Gluten, Canola Oil, Salt, Turmeric (color). CONTAINS: WHEAT

**Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info**

Eggs - N	Milk - N	Peanuts - N
Soy - N	Wheat - C	TreeNuts - N
Fish - N	Crustacean - N	

**Handling Suggestions :**

**Benefits :**

- Excellent portion control for individual or bulk serving
- Thaw and ready to use, saving labor and reducing preparation time
- Delivers better noodle texture without additives
- Create a Vegan-vegetarian dish with ease
- Cleaner label Please Also check out our AjiWin Foodservice Tools site here--> [www.ajinomotowindsortools.com](http://www.ajinomotowindsortools.com) and our AjiWin Prep School Training Videos here--> <https://www.youtube.com/channel/UCShyQaOoe3ov1Qei-oSrcMg>.

**Serving Suggestions :**

- Stir-Fry - Sauté desired meats and vegetables. Add noodles, 2-4 cups of broth or water, desired seasonings and allow to simmer for about 2 minutes. Remove and serve.
- Soup - Add noodles into desired soup broth, simmer for 2 minutes, and serve.
- Salad - Toss noodles with desired vegetables and salad. Additional preparation suggestions can be found on the AjiWin Virtual Cookbook Youtube page here --><https://www.youtube.com/channel/UCL2t-2Gs6oPVBbac6CW44xg>

**Prep & Cooking Suggestions :**

Place frozen noodle block into boiling water and stir for 30 seconds.

**Additional Images :**